



Cathie Ostapchuk, BMus, BEd , MA (in process), Certified MBTI Practitioner
www.cathieostapchuk.com

Certified as an MBTI Practitioner, Cathie is able to take individuals, teams and organizations through the Myers Briggs Type Indicator – Step I and Step II, which enhances understanding of self, motivations, natural strengths, potential areas for growth. It also helps in appreciate differences in people on teams and can be used for team building, management and leadership training, problem solving, conflict resolution and decision-making.

Cathie served on the leadership team of [NextLEVEL Leadership](#) for several years and continues to facilitate leadership development with NextLEVEL as well as CREST Leadership for mid-life leaders. Her strengths are creating contexts for and facilitating collaborative conversations, consulting in change management, fierce conversations, power, team, and systems thinking, and teaching at women’s groups and retreats, In 2006 Cathie co-chaired the [Just Give Me Jesus](#) Revival that saw thousands of women fill the Air Canada Centre with Anne Graham Lotz. Her passion is authentic living from the core – and she encourages both women and men to find their rhythm in both life and leadership. Through teaching, speaking, coaching and consulting she desires to impart life principles as well as focus on spiritual disciplines as the foundation for all growth.

Cathie is completing her Master’s in Leadership and Management from Briercrest Seminary and her focus is on women in transition and clarity of purpose in living.