

Allan Grills

BA(Hons), M.Ed, CCS, CEC, ACC

Coaching for Leadership, Personal Development and Mentoring

<http://www.FourSeasonsExecutiveCoaching.com>

Qualifications

- Graduate of York University, Psychology program, University of Toronto, Applied Psychology, and graduate studies in Theology at Regent College and Tyndale Seminary.
- Certified Executive Coach (CEC) Royal Roads University, Graduate School of Advanced Management
- Associate Certified Coach (ACC) with International Coaching Federation (ICF)
- Affiliate Member with World-Wide Association of Business Coaches (WWABC)
- 10,000 hours of experience:
 - Mentoring and teaching Seminary students in their leadership development
 - Personal and relational competencies development in both group and one on one coaching.

Practical Information

- My experience and preference is to coach both women and men, seeing them as equal and yet celebrating their differences.
- As a follower of Jesus, I use God-given gifts to coach with care, compassion and respect, each person on their individual journey of growth and celebrate their achievements and chosen directions.
- I am comfortable coaching on Skype, phone and face-to-face or a mix.
- I live in Aurora and meet clients here or at a mutually agreed upon location.
- I work with a client's leadership goals and other areas they choose to focus on.
- I am always committed to coaching to the client's objectives, not my agenda; unless I am asked to provide mentorship.
- I will provide one free coaching session and then charge a fee agreed upon by the client and myself.
- I adhere to the ICF code of professional conduct with strict confidentiality